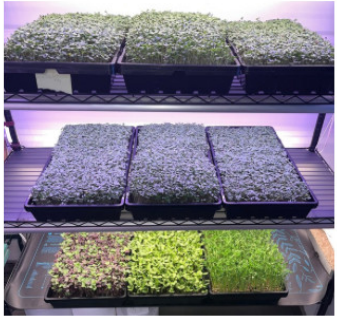
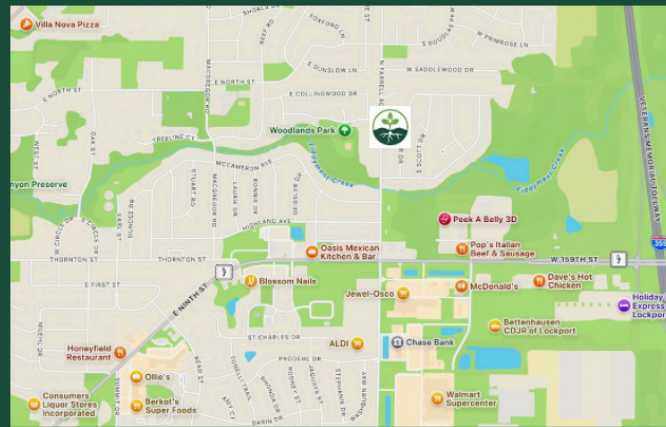




WELCOME TO THE ROCC GARDEN FARM FAMILY AND THANK YOU FOR CHOOSING THE BEST PLACE FOR VALUABLE HIGH QUALITY DELICIOUS NUTRITION WITH AN AMAZING SHELF LIFE. THESE MICROGREENS ARE 10 DAY OLD SEEDS THAT ARE 40XS MORE NUTRITIOUS THAN MATURE GREENS LIKE KALE, BROCCOLI, OR SPINACH. GROWN INDOORS WITHOUT PESTICIDES OR FERTILIZERS. EAT THEM AS A SALAD, ON A SALAD, ON SANDWICHES, WRAPS, SOUPS, SMOOTHIES, AND JUICES. ANY WHERE YOU WANT A MAJOR NUTRIENT BOOST. ONE TIME ORDER OR SUBSCRIPTIONS ARE AVAILABLE WEEKLY OR BI-WEEKLY. HARVESTED EVERY MONDAY FOR PICKUP OR DELIVERY IS \$6 WITHIN 10 MILES OF LOCKPORT OR FREE TO SUBSCRIPTION ORDERS \$25 AND UP.



**ROCC GARDEN LLC
418 N. FARRELL ROAD
LOCKPORT, ILLINOIS 60441**

(630) 306-4148

ROCCGARDEN@OUTLOOK.COM

WWW.ROCCGARDEN.GREEN

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CASH AND ZELLE ACCEPTED



**ROCC GARDEN
LLC**



MICROGREENS

MICRO-DENSE NUTRITION DIRECT TO CUSTOMER



PICK UP - DELIVERY - SUBSCRIPTIONS

Alfalfa 60g

SEED SPROUT- FRESH, NUTTY, GREEN.
PHYTOESTROGENS, HORMONE BALANCING,
SAPONINS, CHOLESTEROL, IMMUNITY, VITAMINS B
AND K, ANTIOXIDANT AND ANTI-INFLAMMATORY.

Broccoli 60g

MICROGREEN- EARTHY, CRISP, GREEN.
10 DAYS OLD, SULFORAPHANE, ANTIOXIDANT, VITAMIN
K, FIBER, DIGESTIVE ENZYMES, MICRONUTRIENTS,
DETOX, ANTI-CANCER.

Broccoli Sprouts 60g

SEED SPROUT- FRESH, EARTHY, CRISP.
5 DAYS OLD, HIGHER SULFORAPHANE AND
GLUCORAPHANIN, ANTI-INFLAMMATORY, IMMUNE
FUNCTION, BLOOD SUGAR REGULATION, BLOOD SUGAR
REGULATION.

Cantaloupe 60g

MICROGREEN- FRESH, SWEET, CRISP.
BETA-CAROTENE, EYE, SKIN, IMMUNITY, VITAMIN A, C,
K, B, ANTIOXIDANT, ELECTROLYTE RICH, DIGESTIVE
ENZYMES, LOW CALORIE.

Crunchy Mix 100g

MICROGREEN- SUNFLOWER, RADISH, AND PEA.
SPICY, SWEET, NUTTY.
COMPLETE PROTEIN, ENERGY, ANTIOXIDANT, IMMUNITY
SUPPORT, BONE STRENGTHENING, DETOX,
METABOLISM, FIBER, AND DIGESTIVE ENZYMES.



20% OFF

**YOUR FIRST ORDER AND FREE
DELIVERY WITHIN 10 MILES.**



Lentilfest 100g

SEED SPROUT- GREEN, RED, AND FRENCH LENTILS.
EARTHY, NUTTY, CRISP
HIGH PROTEIN, FOLATE, CELL GROWTH, FIBER,
NUTRIENT AVAILABILITY, IRON, ENERGY, B VITAMINS.

Pea 100g

MICROGREEN- SWEET, FRESH, CRISP.
HIGH PROTEIN, VITAMIN C, K, B, FOLATE, ENERGY,
METABOLISM, BRAIN DEVELOPMENT, MINERAL
CONTENT, HEART HEALTH.

Radish 60g

MICROGREEN- BOLD, SPICY, ZESTY.
GLUCOSINOLATES, DETOX, ANTI-CANCER, VITAMIN
C, K, B, BOOST METABOLISM, CIRCULATION
BOOSTER, BLOOD SUGAR, DIGESTION.

Spicy Mix 60g

MICROGREEN- BROCCOLI, KALE, PURPLE VIENNA,
KOHLRABI, ARUGULA, RED ACRE CABBAGE,
SOUTHERN GIANT MUSTARD.
EARTHY, BOLD, ZESTY.
GLUCOSINOLATES, DETOX, CANCER PROTECTION,
INFLAMMATORY, LIVER DETOX, VITAMINS A C K B,
BRAIN FUNCTION, MOOD, ANTIOXIDANT, ENERGY,
MENTAL CLARITY, METABOLISM, WEIGHT BALANCE,
AND FIBER.

Sunflower 100g

MICROGREEN- FRESH, NUTTY, SWEET.
HIGH PROTEIN, VITAMINS B AND E, ANTIOXIDANT,
ESSENTIAL MINERALS, HEALTHY FATS, IMMUNITY,
INFLAMMATION, AND BRAIN HEALTH.